

Career Clarity Worksheet

Use this worksheet to reflect deeply on your career values, strengths, and future direction. Answering these questions will give you clarity on your professional path.

What activities make me feel most energized at work?	
What are my top 10 strengths and how do they show up in my current role?	
What do I value most in a workplace (e.g., creativity, stability, recognition, autonomy)?	
If money and time were no object, what career would I choose and why?	
What type of roles or industries align with my values and strengths?	
What achievements am I most proud of in the last 5 years?	
When have I felt most engaged or in 'flow' during work?	

What would colleagues or mentors say are my greatest talents?	
What skills do I want to develop in the next 1–3 years?	
What legacy do I want to create in my career?	